



Are you active, self-motivated, responsible, and team-oriented? Look no further!

Fitness Assistant - Weight and Cardio Rooms

The Campus Recreation Fitness Assistant positions are responsible for patron safety, providing customer service, assistance to members and managing risk. Additional duties include cleaning and occasional equipment maintenance.

WHAT WE PROVIDE

- Up to 19 hours per week. Flexible work schedules (morning, afternoon, evening, night, and weekend shifts) that accommodate the university operating schedule.
- Dynamic position specific and marketable skills training
- An inclusive working environment where you can connect with other Roadrunners
- Opportunities for promotion to supervisory and other leadership positions
- Focused leadership development opportunities
- Hands on training and ongoing professional development

KEY RESPONSIBILITIES

- **Accountability:** Assist participants in the Weight Rooms, Cardio Rooms, and other associated spaces during each shift. Conduct assigned opening and closing procedures appropriately.
- **Customer Service:** Promote a safe, fun, and welcoming environment, creating a positive experience for patrons.
- **Communication:** Articulate and educate patrons on policies and procedures related to the weight and cardio areas of the facility. Maintain frequent contact with the Fitness Supervisors, Fitness Coordinators, and professional staff. Listen to feedback and work to adjust/improve accordingly.
- **Responsibility:** Takes initiative by looking for the next task that needs to be completed or items that need correction while individually problem solving and using critical thinking skills
- **Safety:** Work with others to execute risk reduction measures and provide care in emergency situations.
- **Resolve Conflict:** Be able to listen, understand, and work through situations when needed.

WHAT YOU PROVIDE

- Currently enrolled student at UTSA with a minimum overall GPA of 2.0
- Must be able to lift 50lbs without reasonable accommodations
- Working knowledge of the free weights, pin-loaded and plate-loaded machines, cardiovascular equipment and a variety of exercise accessories (plyo-box, jungle accessories, core equipment, etc.)
- Appropriate role model behavior always – set the example for peers
- Be able to pass the State of Texas criminal background check
- Obtain First Aid, Adult CPR, and AED certifications within first 30 days of employment
- Completion of UTSA student employee compliance training and any additional certification/training required by the department and university

YOU WILL THRIVE IN THIS ROLE IF YOU:

- have a great attitude and desire to be a part of a team,
- enjoy hands-on learning,
- possess a high level of flexibility and adaptability, and
- have a strong sense of responsibility and high follow through.